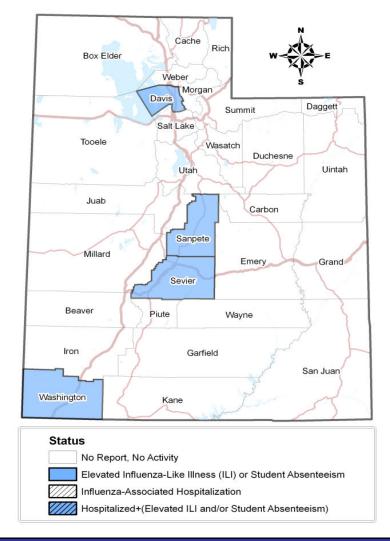
UTAH - WEEKLY INFLUENZA SUMMARY MMWR Week 46 (11/12/05 - 11/19/05) - Posted 11/23/05

WEEKLY MAP OF UTAH INFLUENZA ACTIVITY



UTAH - WEEKLY INFLUENZA TEXT SUMMARY

Influenza Activity in Utah:

Since September 2005, two hospital-associated influenza cases (laboratory-identified) have been reported in Utah. Of the two cases, one was type A and one was type B influenza.

In addition to collecting reports of influenza cases, public health also collects data on community influenza-like illness and student absenteeism. This helps to monitor the onset and severity of the influenza season.

As of 11/19/2005, no pediatric influenza-associated deaths have occurred (in persons under the age of 18 years).

Utah is currently experiencing **"Sporadic"** influenza activity. Click on the map to see what other states are reporting, as well as to access more CDC surveillance information.



INFLUENZA PREVENTION

How to protect yourself and others:

- 1. Utahns should get an influenza vaccine.
- **Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
- 2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.
- ** Stay away from other people when you are sick.
- ** Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away
- ** Wash your hands.
- 3. We urge schools and employers to be supportive of these preventive measures.

